

Remote Healing Practice Guidelines

Use these guidelines for practice in the breakout rooms today. Intend to expand your remote healing abilities beyond what you have believed you are capable of before today.

When working with paying clients make sure you are paid for sessions before you start the session. Collecting money at the end of these sessions can be jarring. Take written notes with each session and file those for reference in future sessions.

1. Always prepare with a Purity Blast, calling yourself in, grounding and loving presence.
2. Attune yourself to the Quantum Field before and as as you engage with your client. Take a moment to reflect on the truth that you, your client and the Divine are already quantumly entangled. Time and space do not limit your ability to deliver a highly effective session.
3. Create your own intention to be a clear vehicle for the Divine / Holy Spirit to create miracle healing results for your client.
4. Greet your client, say a few things to create rapport briefly.
5. Ask client what they are seeking healing, coaching or resolution for. Skillfully guide client by asking questions that help him get past his "story" into real feelings and here and now experience. Keep your intuitive antennas alert as you listen for impressions, images, feelings or direct knowing. Jot down a few notes about the symptoms and your impressions.
6. If appropriate ask a series of intuitive questions seeking to uncover the causative factors of the client's symptoms or issues. Briefly notate answers you receive.
7. Give the client a bit of explanation about how the session will go. Something like "I understand about what you just explained. Thank you.... Here's what I'm going to do now. First we start with evaluation and testing of your energy, then we...."
8. If you know how to test his Assemblage Point over Zoom, do that. If not move to the next step.
9. Tell client you are going to now test her chakras. Guide her in focusing on each chakra area as you test with pendulum off screen. Notate the spin patterns for each chakra. Don't tell the client about the readings you see one by one. Wait until you have tested all chakras before sharing something about the pattern you see. The overall pattern of chakra readings, and how they relate to the client's symptoms and complaints, is of much greater importance than individual chakra readings.
10. If you find a pattern of chakra imbalances, discuss the meaning of the readings as you are guided to do. Follow your Higher Sense Perception in leading the client deeper into the overall pattern. You may want to ask the client to repeat some Decrees that help clear and empower her in the realm of the imbalanced chakras. See chakra balancing guidelines handout.
11. check your Body Pendulum if it is appropriate to guide him through Breath of Ascension for the imbalanced chakras. If you get a yes, explain BOA and lead client through it.
12. Re-test the imbalanced chakras after BOA. If there are still imbalanced chakras, notate that.

13. Explain very simply about Multi-Dimensional Clearing (MDC), and the purpose of it. Tell client all she has to do is relax and follow her breath and you will check about any burdensome patterns that may be affecting her. Silently test for all the forms of residoo-doo:
- a. Agreements
 - b. Vows
 - c. Negative memories
 - d. Implants
 - e. Curse
 - f. Karmic influence
 - g. Negative ancestral influence
 - h. Need for forgiveness
 - i. Need for more nurturing of inner child

Re-check the imbalanced chakras after you complete MDC.

14. Once you have gathered data about chakras still imbalanced after MDC and areas of residoo-doo, check in with your Higher Guidance about how to best support the client. Check the handout Multi-Dimensional Clearing – Specific Methods for valuable guidance. Also refer to other methods you've learned or discovered in this course.
15. Use these five steps of effective healing as guidance for how to proceed with Quantum Healing:
- a. Clarify the issue (you should have already done that by this stage)
 - b. Ask "where in your body" do you most strongly sense the issue or pain?
 - c. Coach client to be willing to drop in and fully feel the issue in the body – with vulnerability, love and courage.
 - d. You, as healer, hold the space of the Quantum Field, catalyzing spiritual alchemy. Suggest that client call in their own divine connection such as God, Holy Spirit, Christ, Goddess, the Universe, etc.
16. Track what is happening with your Higher Sense Perception. Trust and follow your guidance about how to proceed and what to say (or not say).
17. When main alchemy seems to be complete debrief with client, ask about his experiences, notate.
18. Close session. Schedule next session if appropriate.